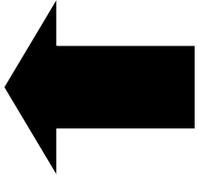




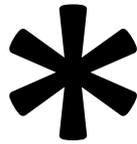
# THE CODE OF DANCE

Cut out the cards below and use them to crack the Code of Dance.

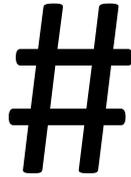
Perform the complete sequence to your family.



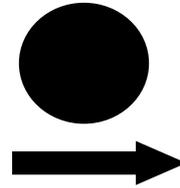
Step left



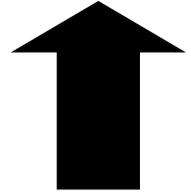
Clap



Crouch



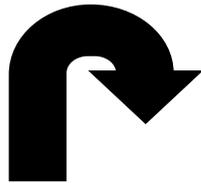
Right foot stamp



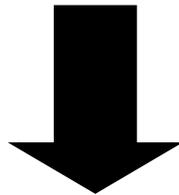
Forward step



Star jump



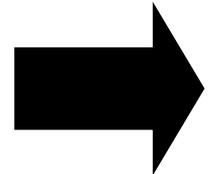
Turn



Backwards step



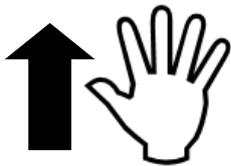
Cha-cha



Step right



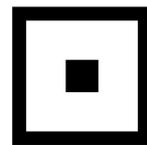
Strike a pose



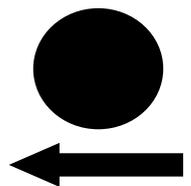
Right hand up



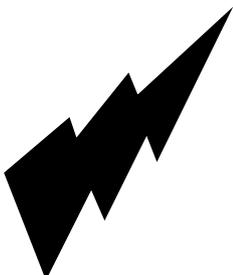
Reach up both hands



Jump



Left foot stamp



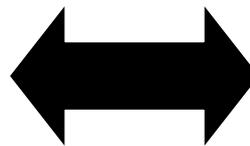
Dab



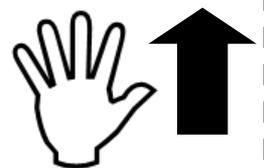
Nod



Criss-cross



Floss



Left hand up

# GET CODING + *GET MOVING*



## CRACK THE DANCE CODE

If you like code breaking and code cracking then why not do them at the same time?

Read the coded dance sequences and use the cards provided to crack the codes and discover the latest dance moves.

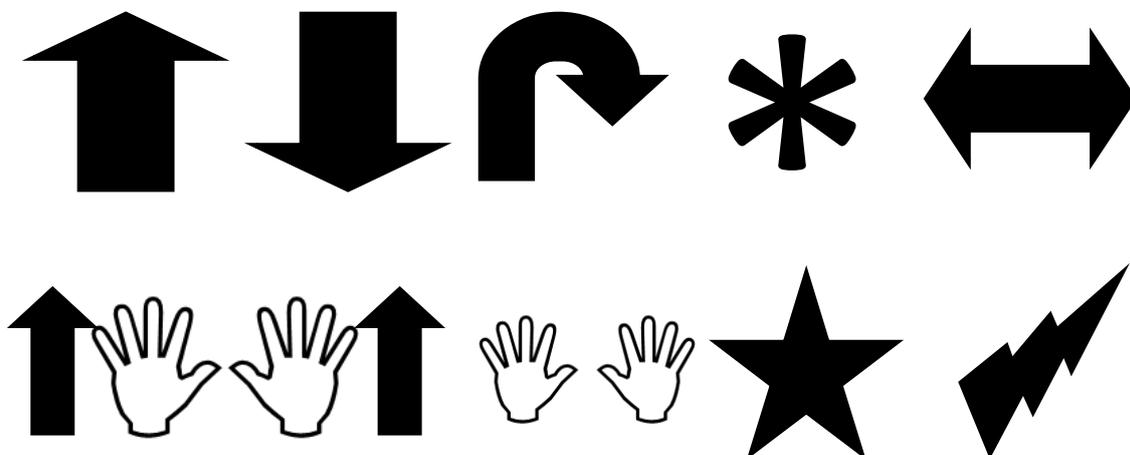
### You will need

- Code symbol cards printed out
- A space to dance in
- Music to dance to (optional)

### Instructions

1. Print out the sheet showing the dance code symbols.
2. Match the symbol on the sequence sheet to those on the cards and get dancing.
3. Practice the sequence until you can remember it.
4. Perform to your family.
5. Use the code symbols to make up your own dance sequences.

### Sequence 1



Share your dance codes with us on Facebook, Twitter and Instagram!